

# Looking After Mum

BBC One, 10.35pm

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Oritsé Williams, the former member of the boyband JLS, brought some much-needed publicity to the story of young carers in the UK with a documentary for Channel 4 earlier this year. The film revealed how little support there was available for young people caring for sick relatives (official reports say there are 200,000, but the figure is more likely to be around the 700,000 mark), while many feel stigmatised, overlooked and even bullied by a society that doesn't understand the difficulties they face. To further highlight their situation, this emotive film follows four extraordinary young carers who all look after mothers who need continual care.