

# Looking After Mum: a Children in Need Special

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BBC ONE, 10.35PM; NI/WALES, 11.05PM;  
SCOTLAND, 11.35PM

Hundreds of thousands of children in the UK care for their parents. This documentary follows four young people between the ages of 10 and 18 who have had to grow up fast, and look after mothers who suffer from a range of difficulties from mental health problems to blindness, investigating how they cope as young carers, and how society treats them.

**Jonathan McAloon**