

WEDNESDAY 15 SEPTEMBER

CRITICS' CHOICE

The Man Putin Couldn't Kill (C4, 10pm)

Last August, Alexei Navalny – Russia's opposition leader and thorn in Vladimir Putin's side – was settling down to watch his favourite cartoon, *Rick and Morty*, on a flight between Tomsk and Moscow when he started to feel ill. The plane diverted and he was rushed to hospital; another victim of Novichok poisoning. The slick spy-film stylings of this documentary can't hide the sinister repression and violence at the heart of its startling story – many of those contributing have been harassed or imprisoned since being interviewed, not least Navalny. Still, there remains absurdity in an assassination attempt where a pair of dark blue underpants are a vital plot point.

Victoria Segal



Enemy of the state? Alexei Navalny addresses supporters in Moscow in 2018 (C4, 10pm)



**Fred And Rose West —
Reopened (ITV, 9pm)**

In February this year, a documentary crew began a private investigation to follow leads in the Fred and Rose West cases that were never chased up by police, including rumours of as many as 20 more murder victims. With their discoveries now handed over to the authorities, who are making inquiries, Sir Trevor McDonald joins a team including a former detective chief inspector, Colin Sutton, investigative psychologist Donna Youngs and author and West obsessive Howard Sounes to present what they can of the results. It is sensitively handled, careful and still utterly disturbing work.

Helen Stewart

**Animals With Cameras
(BBC2, 8pm)**

Koalas, kangaroos and bats become film-makers in their own right in an all-Australian episode as scientists investigate what they are feeding on and how their survival chances could be improved. And they do very well too – the resulting footage can be compelling.



Ready for my close-up (BBC2, 8pm)

**Gordon Ramsay —
Uncharted (Nat Geog, 9pm)**

After challenges including horse-riding and trapping a rattlesnake, Ramsay cooks an open-air Texan feast in competition with Houston chef Justin Yu. Will the guests go for Yu's no-frills approach to steak, ribs and tortillas, or prefer the swears Brit's cheffy added flavourings?

**Hayley Goes ...
(BBC1, 11.30pm)**

Ever-game presenter Hayley Pearce tries out ways of rebooting her mental health. Linked only by a new urge to "grab life by the balls", they range from dating to chanting to sky-diving, all undertaken with madcap glee: think Alex Jones after a few vodkas.

John Dugdale

