



PICKS OF THE DAY

CELEBRITY MASTERCHEF 9PM BBC1

Over the past five weeks, judges John Torode and Gregg Wallace have tasted everything from a terrific gluten-free beef wellington to some rather questionable meatballs. Now, they've whittled down 20 celebs to a final five: reality star Kem Cetinay, singer Megan McKenna, Paralympian Kadeena Cox (right), ex-professional footballer Dion Dublin (centre) and presenter Joe Swash (left).

Things get off to a tricky start for the finalists as they face the daunting task of creating a pie. While it might sound easy, we're not talking about your standard pie, as they head to Holborn Dining Rooms Pie Room to meet chef Calum Franklin, who has dedicated the last seven years of his career to making truly exceptional pies. They must reproduce one of Calum's creations before presenting them to a room of experts.

Next, John and Gregg ask them to showcase the skills that they have learnt to make a dish inspired by the



sweet shop. They must pull out all the stops as the celebrity whose dish doesn't hit the sweet spot will be sent packing. The competition continues tomorrow as the remaining four take a step closer to being crowned champion on Friday, but first they must face the exacting Chef's Table.

THIS WEEK ON THE FARM 9PM C5

Helen Skelton and Jules Hudson (right) reunite with farming brothers Rob and Dave, as they prepare for agriculture's make-or-break season, autumn. Tonight, we meet farmer Kate, who is trying to rehabilitate a kid goat that has been discovered in a nearby woodland, and it's all hands on deck at Cannon Hall Farm as the Nicholsons pull out all the stops for the arrival of a royal guest.











FRED AND ROSE WEST: REOPENED 9PM ITV

News that the investigation into Fred and Rose West's murders had been reopened came as a shock to many. It was prompted by this documentary, led by Sir Trevor McDonald (left), which claims 20 or more victims of the Wests are still to be found. It centres around a café in Gloucester and a farm Fred told his appropriate adult Janet Leach about. Continues tomorrow.

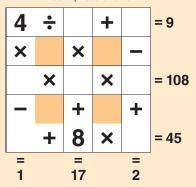
John Thaw

There's an homage to the Inspector Morse legend tonight as his widow Sheila Hancock (left) visits John's childhood home in Burnage, Manchester. She and Gyles Brandreth (right) complete their series with a jaunt along the Peak Forest Canal in Great Canal Journeys (9pm More4).



SET SQUARE

Each of the numbers 1 to 9 must appear once in the grid below to complete the sums.



SEE SATURDAY'S NEWSPAPER FOR ANSWERS

TODAY'S BEST... REAL LIFE



SWAMP PEOPLE 8PM SKY HISTORY

The 30-day alligator hunting season is the most important time of the year for the Cajuns living around Louisiana's largest swamp – but the hungry gators







pose a very real threat to the locals. Thankfully, 'King of the swamp' Troy Landry (above) and his fellow hunters are on hand, but they've got a big challenge as overpopulation causes gator aggression. While Troy tests his deckhand, Ronnie and Ashley find themselves in a very sticky situation.

in agony. It was found that he had been poisoned, and that a Russian security service hit squad had been following him for years while developing variants of the chemical weapon Novichok. This documentary looks at why Navalny is such a threat to President Putin.

TODAY'S BEST... TRAVELOGUE



GORDON RAMSAY: UNCHARTED 9PM NATIONAL GEOGRAPHIC

"That is so spicy. Oh wow. I'm sweating big time now," says Gordon (above) as he tastes Texas chilli – made from venison and cooked in a cauldron over a fire – and tries not to flinch as the third series of his travel/cookery show kicks off. He's in the American state to herd cattle and catch rattlesnakes – but, most importantly, he must wear a cowboy hat at all times. It's brash and full of action... so signature Ramsay, then.

TODAY'S BEST... DOCUMENTARY



THE MAN PUTIN COULDN'T KILL 10PM C4

In August 2020, a flight to Moscow was diverted to the nearest city when Russia's opposition leader Alexei Navalny (above) started to scream out

